

US 1618 Ride a horse for exercise Level 2, Credit 2, Version 4

This evidence guide aims to assist you in preparing for assessment of this unit standard. It outlines the requirements for each element in the unit standard and the knowledge you need to have before you are assessed.

Purpose of the unit standard:

This is the first in a series of riding unit standards. Riders credited with this unit standard will be able to enter various industry sectors and proceed with specialised riding competencies.

People credited with this unit standard are able to: mount and dismount from a horse; ride a horse through the basic school movements demonstrating the use of aids; maintain riding etiquette; and lead a horse at the walk while mounted

Special notes:

1. Legislation relevant to this unit standard includes but is not limited to the Health and Safety in Employment Act 1992, and its subsequent amendments.
2. *The Official New Zealand Road Code for Car Drivers* (Road Code) (Masterton: DLM Campaign Ltd, 2003) applies to driving and leading horses on the road.
3. For this unit standard the practical assessment evidence must be provided in the context of a commercial business operation under normal working conditions.
4. Candidates must not contravene the *Code of Recommendations and Minimum Standards for the Welfare of Horses*.

Resources:

1. Horses
2. Riding equipment
3. Roads and off road environments
4. Road Code

Sources of evidence may include:

- Expert witness testimony
- Direct observation of performance
- Oral or written questions
- Audio tape
- Video tape
- Documentation

Instructions:

Read through the checklist on the following page; if you can confidently tick all the boxes then you are ready to be assessed. If not, you will need to complete additional work before you are assessed.

The column labelled *evidence* is there for you to make notes about the type of evidence you are going to supply. This is optional.

If you are unsure of any requirements you may contact your assessor or workplace mentor for further clarification. It is recommended that you have all your evidence prepared before you meet with your assessor.

EVIDENCE CHECKLIST

Element 1: Mount and dismount from a horse		
<input checked="" type="checkbox"/>	Performance Criteria	Evidence
<input type="checkbox"/>	<p>You must be able to demonstrate that you can wear appropriate riding clothing.</p> <p>Must be:</p> <ul style="list-style-type: none"> ■ Safety helmet ■ Smooth soled, heeled footwear <p>Must meet the requirements of riding and safety.</p>	
<input type="checkbox"/>	<p>You must be able to demonstrate that you can mount the horse and lower gently into the saddle.</p> <p>Must maintain control of the horse at all times.</p>	
<input type="checkbox"/>	<p>You must be able to demonstrate that you can dismount from the horse landing on the ground with both feet simultaneously.</p> <p>Must maintain control of the horse at all times.</p>	
<input type="checkbox"/>	<p>You must be able to demonstrate that you can use mounting aids to assist mounting.</p> <p>Must be:</p> <ul style="list-style-type: none"> ■ Mounting block ■ Leg up 	

EVIDENCE CHECKLIST

Element 2: Ride a horse through the basic school movements demonstrating the use of aids Range: walk, rising trot, canter		
<input checked="" type="checkbox"/>	Performance Criteria	Evidence
<input type="checkbox"/>	<p>You must be able to demonstrate that you can use natural aids to control the horse.</p> <p>Must be:</p> <ul style="list-style-type: none"> ■ Seat ■ Leg ■ Voice ■ Hands <p>Must be used unobtrusively.</p> <p>Must cover walk, rising trot and canter.</p>	
<input type="checkbox"/>	<p>You must be able to demonstrate that you can maintain a steady and correct position in the saddle.</p> <p>Must be in the use of:</p> <ul style="list-style-type: none"> ■ Hands ■ Thumbs ■ Lower arm in relation to rein and horse's mouth ■ Heels ■ Lower leg ■ Hips/heels ■ Body pose ■ Head <p>Must be maintained at all times.</p> <p>Must cover walk, rising trot and canter.</p>	
<input type="checkbox"/>	<p>You must be able to demonstrate that you can use artificial aids to reinforce leg aids such as a whip.</p> <p>Must cover walk, rising trot and canter.</p>	

EVIDENCE CHECKLIST

Element 3: Maintain riding etiquette Range: private property, roads, in company		
<input checked="" type="checkbox"/>	Performance Criteria	Evidence
<input type="checkbox"/>	<p>You must be able to demonstrate that you can maintain riding etiquette on private property.</p> <p>Must be in terms of the:</p> <ul style="list-style-type: none"> ■ Use of gates ■ Obtaining permission ■ Other stock in paddock ■ Minimal damage to land 	
<input type="checkbox"/>	<p>You must be able to demonstrate that you can maintain riding etiquette on roads.</p> <p>Must be in terms of:</p> <ul style="list-style-type: none"> ■ Use of grass verges ■ Traffic <p>Must match the Road Code.</p>	
<input type="checkbox"/>	<p>You must be able to demonstrate that you can maintain riding etiquette when riding in company in accordance with:</p> <ul style="list-style-type: none"> ■ safety of other horses ■ the use of gates ■ and horses misbehaving 	

EVIDENCE CHECKLIST

Element 4: Lead a horse at the walk while mounted Range: tacked up or untacked		
<input checked="" type="checkbox"/>	Performance Criteria	Evidence
<input type="checkbox"/>	<p>You must be able to demonstrate that you can observe precautions to ensure safety of horses:</p> <ul style="list-style-type: none"> ■ stirrups on lead horse ■ restraint on lead horse ■ length of rein or rope on lead horse ■ position on road ■ leading through gates ■ leading in traffic <p>Can be tacked up or untacked.</p> <p>Must match the requirements of the Road Code.</p>	
<input type="checkbox"/>	You must be able to demonstrate that you can position the lead horse to ensure control.	
<input type="checkbox"/>	<p>You must be able to demonstrate that you can explain the occasions when it may be necessary to deviate from normal practice in terms of:</p> <ul style="list-style-type: none"> ■ misbehaving lead horse ■ presence of grass verges on either side of the road 	